



Washington IARP Quarterly Newsletter

Fall, 2010

President's Column, Craig Bock, MA, CRC

As an IARP Board member, one of the honors is to serve as Annual Conference Chair. My first time on the Board, I was Conference Chair and put on the 2000 IARP conference at the Phoenix Inn and Suites in Olympia. It was a frantic, wonderful time that took my multi-tasking abilities to another level!

As you are all aware, Chris Fascilla was gracious enough to Chair the conference last year at The Hotel Murano in Tacoma and did an amazing job. This year, we as a Board decided to platoon the effort and divided up the conference planning tasks. I took on the role of seeking out speakers. At the time of this article, the following list of professionals have confirmed their attendance and their topics:

- Rich Wilson, CRC, Program Manager for Return to Work Services – WA State L & I: *Vocational Improvement Project – How are we doing so far?*
- Justin Cooper, D.O., Physical Medicine and Rehabilitation: *The challenges attending physicians face when working within an industrial insurance system while managing complex medical cases.*
- Thomas E. Williamson-Kirkland, M.D.,

Physical Medicine and Rehabilitation: *“Red Flag” Diagnoses in Workers’ Compensation Injuries, that if not managed properly, can lead to prolonged disability.*

- Dave Kaplan, Executive Director of WSIA: *Initiative 1082; Understanding the pros and cons for privatizing workers’ compensation. (Pro)*
- Katherine Mason, Attorney: *Initiative 1082; Understanding the pros and cons for privatizing workers’ compensation. (Con)*
- John Curley, Motivational Speaker, Former Host of Evening Magazine: *Learning Disabilities and Overcoming Barriers*
- Theodore J. Becker, Ph.D., Human Performance Expert: *Physical Capacities Testing: Biomechanical Analysis and Critical Segment Performance Technique, Hard Data Protocol (HDP)*
- Roger Meinz, Ph.D., Clinical Psychologist: *Psychological Evaluations and Therapy: The Good, the Bad and the Ugly.*
- Craig Bock, MA, CRC, Vocational Counselor: *Adhering to your ethics; How to comply with your Professional Code of Ethics and still practice under industrial insurance laws.*

(continued on P. 2)

DON'T MISS OUT!

- Fall Conference, October 22-23

Autumn is a second spring when every leaf is a flower.

[Albert Camus](#)

Views expressed in this newsletter do not necessarily represent the views of IARP National, the WA IARP Chapter or its Board of Directors.

Electronic Progress Reporting to L&I

On September 27, the Department of Labor & Industries launched Phase 2 of the VRC Performance Rating System. In addition, electronic progress reporting became possible.

As of October 1, the Department expects that all Progress Reports will be submitted electronically. To do so, access the Department's Claim and Account Center online. Click on "Send Information to L&I", and then click on "Send us a Vocational Progress Report".

As of November 1, any Progress Report not submitted electronically will be considered a "late" report for the purposes of the Performance Measure.

To learn more about electronic progress reporting and Phase 2 of the Performance Measure, watch online videos prepared by L&I, at:

<http://www.lni.wa.gov/ClaimsIns/Voc/WorkWithLNI/Video/>

(continued from P.1)

In one shape or form, each of the aforementioned professionals has been part of my professional maturation process as a VRC and business owner. Each one of these individuals has given me reason to pause and think through their paradigms. Each one will be presenting on topics that affect each one of you as professionals.

John Curley will give you insight into why you should never let communication or perceived weaknesses get in the way of your goals in life, Rich Wilson will enlighten us on how the Department is continuing to diligently work on a vocational rehabilitation system that is cohesive, effective and beneficial for the employers and worker's, Katherine Mason and Dave Kaplan will give us insight into 1082 and how privatizing Workers' Compensation in this State could be positive or negative depending upon your personal and professional perspectives, Dr. Cooper will give us tools for our tool boxes so that when we are working with attending physicians we can collaborate as professionals rather than collide, Dr. WK will give us insight into medical conditions that we should be aware of to make better recommendations regarding time tables and possible scenarios for solid claim resolution, Dr. Becker will illustrate for us how to understand the data generated in a physical capacities evaluation and a biomechanical analysis so we can incorporate such information at a higher level into our employability assessments, Dr. Meinz will give to us an opportunity to look into the mind of an injured worker and explain how such information can allow us to move the claim forward, and I will be giving you an overview of how to approach your involvement as a VRC/Case Manager in an Industrial Insurance setting, whereby you are adhering to your Professional Code of Ethics while providing sound information and recommendations to all claims participants.

A direct benefit of being an IARP member is that you are offered such opportunities to be informed directly by professionals intertwined in your day to day activities on how to use the information they provide at a higher level. Such interactions positively impact all claim's participants that you come in contact with.

I look forward to seeing all of you next week!

Craig Bock, M.A., CRC
President

Get Involved — Attend Meetings and Speak Up!

Your Washington IARP Board meets the second Wednesday of every month in Auburn. Monthly board meetings are open to all members and our board minutes can be viewed online at www.rehabpro.org.

L&I's Vocational Technical Stakeholder Group (VTSG) meetings are open to the public. The next VTSG is at the L&I service location in Tukwila on November 15. Check the L&I website for details.

A benefit of being an IARP member is that you are offered opportunities to be informed directly by professionals.

WA—IARP Calendar of Voc-Related Events

OCTOBER	22 & 23	WA-IARP Fall Conference Meeting of the Minds: Medical Aspects of Disability & Case Mgmt The Hotel Murano, Tacoma, WA
NOVEMBER	10	WA-IARP Board Meeting 10:00 a.m. to 12:00 p.m. 815 E. Main St., Auburn, WA - Conference Room
	15	VTSG Meeting 10:00 a.m. to 2:00 p.m. 12806 Gateway Dr S, Tukwila, WA
	17	IMG Meeting 11:00 a.m. to 1:00 p.m. Federal Way Regional Library
	18	Professionals in Workers' Compensation - Symposium 5:00 p.m. to 8:00 p.m. McCormick & Schmick's Harborside Restaurant 1200 Westlake Ave N, Seattle, WA
DECEMBER	08	WA-IARP Board Meeting 10:00 a.m. to 12:00 p.m. 815 E. Main St., Auburn, WA - Conference Room
	15	IMG Meeting 11:00 a.m. to 1:00 p.m. Federal Way Regional Library

For further information regarding:

IARP: e-mail mail@waiarp.com

NRA: e-mail Colleen Graney at colleena@w-link.net or call (360) 943-6607

PWC: pwc.org or e-mail ruffs118@msn.com

OARP: (503) 598-0711 or e-mail office@iarp.org



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Meeting of the Minds

Medical Aspects of Disability & Case Management

Hotel Murano, Tacoma, WA – October 22–23, 2010



Treat yourself to an evening out, at the IARP Annual Dinner, catered by the Hotel Murano.

Enjoy dinner and laughter with former host of Evening Magazine,

JOHN CURLEY

Special reduced conference fee for IARP members!
Only \$85

Register at
[www.wa-iarp.com/
conference_2010](http://www.wa-iarp.com/conference_2010)



Stay at the Hotel Murano at a special rate.
Only \$139

For reservations call 866-986-8083 and mention the IARP Conference

Agenda

Friday October 22, 2010

- 5:30 – 6:00 pm Check in
- 6:00 – 7:00 pm Buffet Dinner
- 6:15 – 6:30 pm Chris Fascilla, Ed.S., CRC - Welcome Announcements
- 6:30 – 7:00 pm Craig Bock, M.A., CRC - National IARP Update
Barbara Bengston, M.A., CRC, CDMS - Employer/Client of the Year Awards
- 7:00 – 8:00 pm **John Curley** – Learning Disabilities and Overcoming Barriers
- 8:00 – 9:30 pm Music and Dancing

Saturday, October 23, 2010

- 7:30 – 8:00 am Check In
Craig Bock, M.A., CRC - Welcome Announcements
- 8:00 – 9:00 am **Theodore Becker, Ph.D.** – Physical Capacity Testing;
- 9:00 – 10:00 am **Roger Meinz, Ph.D.** - Psychological Evaluations and Therapy:
The Good, the Bad and the Ugly (Part I)
- 10:00 – 10:30 am Rehabilitation Resources Vendor Booths
- 10:30 – 11:00 am **Roger Meinz, Ph.D.** - Psychological Evaluations and Therapy;
- 11:00 – 12:00 am **Craig Bock, M.A., CRC** – Adhering to your ethics; How to comply with your Professional Code of Ethics and still practice under industrial insurance laws.
- 12:00 – 1:00 pm Buffet Lunch
- 1:00 – 2:00 pm **Justin Cooper, DO** - The challenges attending physicians face when working within an industrial insurance system while managing complex medical cases.
- 2:00 – 2:30 pm **Rich Wilson, CRC** - Vocational Improvement Project
- 2:30 – 3:00 pm Rehabilitation Resources Vendor Booths
- 3:00 – 4:00 pm **Thomas Williamson-Kirkland, MD** – “Red Flag” Diagnoses in Workers Comp Injuries, that if not managed properly, can lead to prolonged disability.
- 4:00 – 5:00 pm **Dave Kaplan & Katherine Mason** – Initiative 1082; Learn the issues about privatizing worker's compensation insurance.
- 5:00 pm Closing



Meeting of the Minds Medical Aspects of Disability & Case Management

Hotel Murano, Tacoma, WA – October 22–23, 2010



Featured Speakers:



John Curley

John is a motivational speaker, Emmy-award-winner, Sammamish City Councilman, Ironman, President of John Curley Auctions and former host of Evening Magazine. He will share his life experience with having to overcome the barriers of a learning disability, “dyslexia.” His story addresses social stigmas and presuppositions made by others that create artificial barriers to education and career goals. John’s true-life journey is informative, inspiring and enlightening.

Ted Becker, Ph.D.

Dr. Becker is recognized by the medical, legal, and claims management professions as being a leading expert on hard data performance based PCE testing and biomechanical analysis. His unique combination of specializations, including a PhD in Human Performance, certifications in rehabilitation and disability, and research publications provide a unique approach to analyzing tolerance for returning to work.



In the mid 1980s his primary focus was the development and implementation of capacity evaluation testing for both personal injury and work injury cases at his business, Everett Pacific Industrial Rehabilitation, EPI Rehab. A specialization of the EPI capacity test was the inclusion of biomechanical analysis using critical segment performance technique, HDP (Hard Data Protocol). HDP was and is an objective quantification to the process of capacity testing in North America.

Rodger Meinz, Ph.D.

Dr. Rodger Meinz is a psychologist in private practice whose specialty is work-related psychological issues. Most of his patients have experienced work related injuries, and in cases where medical treatment takes a complex, intractable course, he believes it is not uncommon to find an underlying personality disorder. “Such cases are made all the more complex because personality disorders are hard to diagnose relative to work injuries,” says Meinz. “A disorder can magnify the injury and interfere with a medical solution.” Come hear Dr. Meinz’s insights on managing these difficult cases.

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Featured Speakers:

Craig Bock, M.A., CRC

Craig holds a Masters of Arts Degree in Vocational Rehabilitation Counseling. He began his professional career as a Vocational Rehabilitation Counselor in 1997, and formed Bock Consulting in September 2003. Craig is President of the Washington State Chapter of IARP. Craig is a recognized leader in vocational counseling and consulting, expert testimony and forensic analyses, damage calculations, life coaching and mentoring, and speaking.



Justin Cooper, D.O.

Dr. Cooper specializes in Physical Medicine and Rehabilitation. As an attending physician, Dr. Cooper provides treatment and medical case management primarily to worker's compensation patients with musculoskeletal conditions and chronic pain. He completed his residency at Washington University School of Medicine and his osteopathic degree at Kirksville College of Osteopathic Medicine. Dr. Cooper practices at the Northwest Center for Integrative Medicine in Tacoma, WA.

Rich Wilson, M.A., CRC

Rich Wilson is Program Manager for Return-to-Work Services for the Washington State Department of Labor and Industries. He is responsible for vocational services provided to workers and employers covered under Washington workers' compensation. Rich is a Certified Rehabilitation Counselor and an IARP member. Rich provided vocational rehabilitation counseling services to a number of client populations over a fifteen year period prior to coming to State Department of Labor and Industries in 2000.

Thomas E. Williamson-Kirkland, M.D.

Dr. Williamson-Kirkland graduated from the University of Washington Medical school, completed a residency in Physical Medicine & Rehabilitation at the University of Washington and spent two years in the navy. He then returned to the University of Washington as an assistant professor for 5 years before going to the Virginia Mason Clinic where he started the Pain Management Program, which was at Virginia Mason Clinic for 23 years. He retired from Virginia Mason in 2007 and is now doing IMEs part time.



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Featured Speakers:

Dave Kaplan, MBA



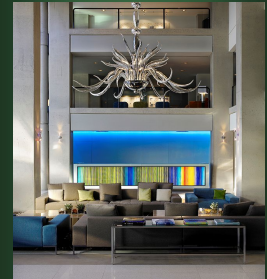
Dave earned his B.A. in Political Science from the University of Washington, and his MBA from the George Washington University in Washington, D.C. He is the Executive Director of the Washington Self-Insurers Association, a position he has held since January 2001. WSIA represents those 365 organizations in Washington State that self-insure their workers' compensation risk. He has been with WSIA for over 16 years, previously serving the Association as legislative analyst and then operations manager.

Dave comes out of a political and business background, having worked as a research & policy analyst with the Washington State Senate, as a fiscal and budget analyst in both public and private industry and in a variety of roles in elective politics. As his second job, he is currently serving a third term on the Des Moines City Council. Dave is also a former union shop steward with United Food & Commercial Workers Local #1001.

Katherine Mason, JD

Katherine earned baccalaureate and masters degrees at Central Washington University and graduated law school in Chicago, Illinois. Katherine has been practicing law in Washington state since 1999. Her professional experience includes service with the Attorney General's office representing the Department of Labor and Industries. She has worked on the defense side of the bar representing hospitals in medical malpractice cases. Since 2002, Katherine's career home has been representing injured workers.

Katherine is actively involved with the Washington State Association for Justice (WSAJ) formally called the Washington State Trial Lawyers Association. She recently co-chaired and presented at the WSAJ annual conference last April and serves as Chair Person on the WSAJ Workers Compensation Section.



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L&I Vocational website <http://www.lni.wa.gov/ClaimsIns/Voc/>

L

High Demand Jobs <http://www.wilma.org/wdclists/>
Washington's Interactive Labor Market Access

I

http://www.wtb.wa.gov/Media_SkillPanelsFAQ.asp
Workforce Board's Training and Education Coordination

N

http://www.sbctc.ctc.edu/College/_e-wkforceeconomicdev.aspx
Washington State Board for Community & Technical Colleges

K

<http://fortress.wa.gov/esd/portal/>
Employment Security Department's Job Seeker and Business page

S

<http://www.wtb.wa.gov/etp/>
Access Washington's Eligible Training Provider List (last updated 08/24/07)

In Plan Development with an English Language Learner, and want to simultaneously increase English skills while in a retraining program?

<http://www.sbctc.ctc.edu/>

To view specific schools offering this program, follow this link:

http://www.sbctc.ctc.edu/college/abe/ibest_program_summaries_4-12-07.rtf.rtf

If you have a link you'd like to share, please email Kari@CareerHorizon.net

Guidelines for Advertising through WA IARP

The WA – IARP Newsletter is distributed electronically to approximately 200 members quarterly. If you are interested in advertising in this newsletter, the following are guidelines and deadlines for ad submissions:

We accept ads from vendors who provide ancillary services to injured workers in an effort to reduce the physical, mental, social and financial impact of disability. We do not accept ads for job postings. Job postings may be placed through the National IARP Website. (www.Rehabpro.org)

WA – IARP publishes four newsletters per year; Spring, Summer, Fall and Winter, Ads are due based on the following schedule.

<u>Newsletter</u>	<u>Due Date</u>	<u>Publish Date</u>
Spring	2/28	March
Summer	5/31	June
Fall	8/31	September
Winter	11/30	December

Email the ad as an attachment to Kari D'Aboy at Kari@CareerHorizon.net. Please provide the phone number and email address of a contact person(s) who can make decisions regarding the ad. Please be sure the ads look exactly as you wish them to appear. WA – IARP is not able to provide ad development or editing services.

Ads should be submitted in one of the following formats: MS Word (DOC or DOCX), or Microsoft Publisher (PUB) formats, or as a TIF, GIF, JPG or other universal graphics file. **Please do NOT submit ads in PDF format.** Ads may be in color, grey tones or black and white.

Ads may appear in the following sizes:		Cost:
Full Page:	9 inches high by 5 7/8 inches wide.	\$200
Half Page:	4 1/2 inches high by 5 7/8 inches wide	\$125
Quarter Page:	4 1/2 inches high by 3 3/8 inches wide	\$75

Prior to submission, please “preview” your ad with the final print size in mind, to make sure that fonts are large enough to be read.

Please proof-read ad for accurate spelling, phone numbers, and other important information as WA-IARP is not responsible for proof reading.

We do not accept ads for job postings. Job postings may be placed through the National IARP Website. (www.Rehabpro.org)